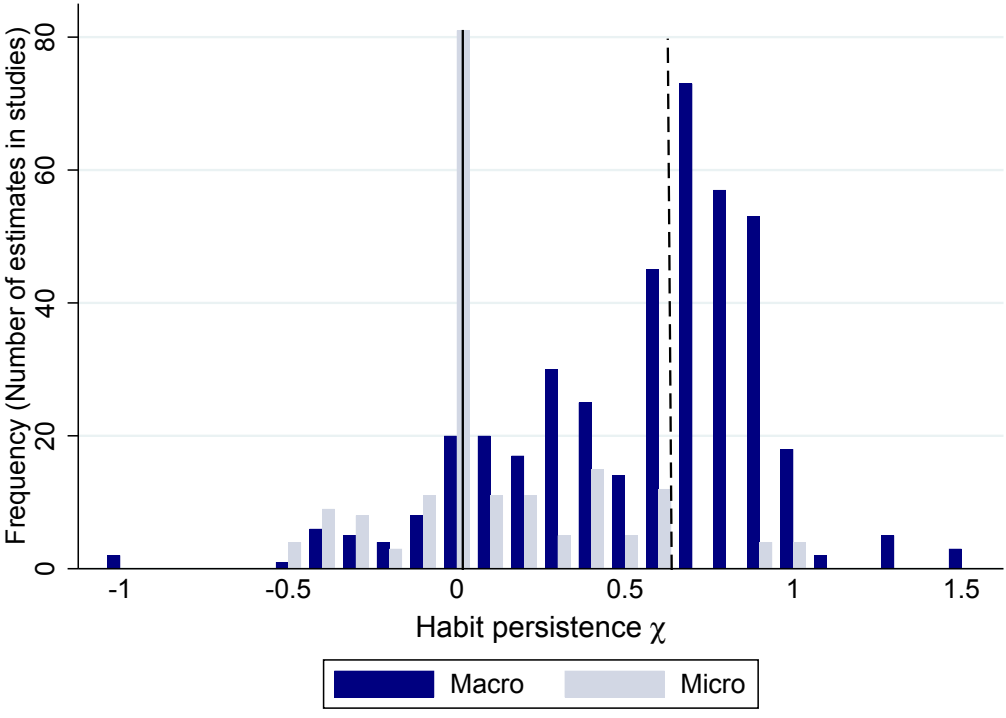
Frequency (Number of estimates in studies)
0
20
40
60
80
-1
-0.5
0
0.5
1
1.5
Habit persistence χ
Macro
Micro